

# Relationships, Sexual Health and Parenthood



## FIRST LEVEL PLANNER

### Primary 2

Suggested order and online resources from <https://rshp.scot/>

• Primary 2 – To begin		I can statements
1. My body	<ul style="list-style-type: none"> <li>- Physical Changes</li> <li>- Sexuality and Sexual Health</li> </ul>	<ul style="list-style-type: none"> <li>• I can name parts of my body.</li> <li>• I can talk about the different parts of my body and what they do.</li> </ul>
2. My family/All our families are different	<ul style="list-style-type: none"> <li>- Role of the Parent/ Carer</li> </ul>	<ul style="list-style-type: none"> <li>• I can identify the adults in my life who care for me and look after me.</li> <li>• I can talk about the differences between families</li> </ul>
3. Friends and friendship	<ul style="list-style-type: none"> <li>- Positive Relationships</li> </ul>	<ul style="list-style-type: none"> <li>• I can talk about how to make and sustain friendships.</li> <li>• I understand the importance of kindness and empathy.</li> <li>• I understand that friends have disagreements and can think of positive ways to cope and respond.</li> </ul>
4. Looking after plants and animals	<ul style="list-style-type: none"> <li>- Sexuality and Sexual Health</li> </ul>	<ul style="list-style-type: none"> <li>• I can recognise and name common fruits and vegetables.</li> <li>• I know what affects the growth of plants, that plants need water, soil, space, sunlight and air to grow.</li> <li>• I can describe the care required to grow and nourish a plant</li> <li>• I can sequence the life cycle of specific animals.</li> <li>• I can investigate factors that affect the growth and development of living things.</li> <li>• I understand the responsibilities of pet ownership.</li> <li>• I can describe how to care for a pet.</li> <li>• I am beginning to understand and describe the things I need as a child to grow and develop</li> </ul>
5. People who help and look after me	<ul style="list-style-type: none"> <li>- Physical Changes</li> <li>- Role of the Parent/ Carer</li> </ul>	<ul style="list-style-type: none"> <li>• I can identify the adults in my life who help, care for me and look after me.</li> <li>• I can talk about how adults help, care and look after me.</li> </ul>

